

## Running tops sizing guide

Please find below the sizes for our New Balance technical running tops. Sizes are for both t-shirt and vest options, in both imperial and metric measurements.

### Imperial measurements

Ladies	XS	S	M	L	XL	XXL
UK size	8	10	12	14	16	18
Chest	30"	32"	34"	36"	38"	40"
Waist	25"	27"	29"	31"	33"	35"
Hips	33"	35"	37"	39"	41"	43"

Mens	XS	S	M	L	XL	XXL
Chest	32-34"	35-37"	38-40"	41-43"	44-47"	48-51"
Waist	28-30"	30-32"	32-34"	34-36"	36-38"	38-40"
Seat	32-34"	35-37"	38-40"	41-43"	44-47"	48-51"

### Metric measurements

Ladies	XS	S	M	L	XL	XXL
UK size	8	10	12	14	16	18
Chest	76cm	81cm	86cm	91cm	96cm	102cm
Waist	63cm	68cm	74cm	79cm	84cm	89cm
Hips	84cm	89cm	94cm	99cm	104cm	109cm

Mens	XS	S	M	L	XL	XXL
Chest	81-86cm	89-94cm	97-102cm	104-109cm	112-120cm	122-130cm
Waist	71-76cm	76-81cm	81-86cm	86-91cm	91-96cm	96-101cm
Seat	81-86cm	89-94cm	97-102cm	104-109cm	112-120cm	122-130cm